



2015 Member Information

www.threecolours.com.au



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<http://www.facebook.com/groups/66988258905/>
Three Colours SC Mildura

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THE DISCOVERY PHASE (U6-U9)

'The game is the teacher'

What are the characteristics of children in this age bracket?

- They are still 'clumsy' (lack fine motor skills), because they are still developing their coordination
- They have a short span of attention and are quickly and easily distracted
- They are 'self centred' and not yet able to really work together (so do not ask them to perform team play, it is impossible for them!)
- They play or participate for fun with short bursts of energy and enthusiasm
- They are unable to handle a lot of information (instructions; feedback)

What does this mean for training sessions with children this age?

Just let them play a lot of varied fun football related games!

THE SKILL ACQUISITION PHASE (U10+)

What are the characteristics of children in this age bracket?

- They are highly motivated and enthusiastic
- They are competitive, like challenges and want to show they're the best
- They are well balanced and coordinated
- They are very adaptive to learning motor skills
- Although still self centred, they start to learn how to work together
- They are sensitive to criticism and failure (praise is important)
- They are physically and mentally ready for a more structured approach to training

What does this mean for training sessions with children this age?

Technical skills must be developed now

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Welcome to Three Colours SC



Three Colours SC was established in 1980 and has served the community well since that time by providing activities and sport opportunities for the youth and seniors of Mildura as well as surrounding regions.

Three Colours SC is a family orientated, inclusive sporting club which has a thirty year history of encouraging participation in the world game.

Three Colours SC has developed into one of the major forces in the Sunraysia competition and prides itself on being a family friendly club that is inclusive to all. During 2014, Three Colours SC registered 160 players, ranging from 5 years to 49 years old.

Three Colours SC strives to encourage player participation and actively supports teams in small sided football, junior, youth, senior and women's teams.

Welcome to Three Colours SC.

President
Vince Dimasi



Three Colours SC Contacts

Club	PO Box 1915	Mildura VIC 3502	threecolourssc@live.com.au www.threecolours.com.au
President	Vince Dimasi	0429 200 193	info@footballsunraysia.com.au
Secretary	Lucy Fotia	0439 302090	mlfotia@bigpond.com
Treasurer	Graham Halliwell	0403 160 078	grahamh265@gmail.com
Registrar	Vince Maiorana	0416 054 372	vincemaiorana8@bigpond.com
Coaching Co-ordinator	David Maiorana	0410 565 631	davemaiorana@icloud.com
Grants Officer	Paul Bush	0429 354 111	shekou98@bigpond.com.au
Sponsorship Co-ordinator	Corey Jessup	0417 384 081	corey@sunraysianurseries.com.au
Social Inclusion Officer	Belinda Jessup	0400 001 479	jessupb@ramsayhealth.com.au
Complaints Officer	Vince Dimasi	0429 200 193	info@footballsunraysia.com.au





Three Colours SC Coaches

Under 6 Ellie Maiorana

Under 7 Michael Fotia

Under 8 Anthony Fotia 0439 402 090

Under 9 Corey Fitzpatrick 0458 273 182

Under 10/11 Vural Karakurt 0418 363 362

Under 12 Vince Deluca 0417 591 099

Under 14 David Maiorana 0410 565 631

Under 16 Jaeden Woods-Huxtable 0402 355 676

Reserves David Maiorana 0410 565 631

Graham Halliwell 0403 160 078

Womens Kate Watts 0419 609 213

Jane Watts 0413 157 767

Senior Men's Travis Imms 0450 134 474

Vince Ghidinelli 0437 502 461



2014 Reserve's Team



Three Colours SC

Home Ground

**Soccer Park, Pitch 10
Old Aerodrome Ovals
Flora Ave Mildura VIC 3500**

Teams

Senior Teams for the 2015 season

- Senior Mens
- Womens
- Reserves Mens

Junior Teams for the 2015 season

- U16
- U14
- U12
- U6 to U11(Mini Roos)

Training Days & Times (subject to change)

U6,7,9,10/11:	Wednesday Nights	5.30pm
U8:	Thursday Nights	5.30pm
U12:	Wednesday & Friday Nights	4.30pm
U14:	Tuesday & Thursday Nights	5.30pm
U16:	Tuesday & Thursday Nights	5.30pm
Women:	Tuesday & Thursday Nights	5.30pm
Senior/Reserve Men:	Tuesday & Thursday Nights	6.30pm



Uniform and Playing Guernsey *Unchanged for Mini Roos Teams*

***New for U12+**

Uniform	Colour	
Shorts	White Kappa Shorts	To be purchased
Shirt	White/Red Shirt	Provided by the club
Socks	White Kappa Socks	To be purchased
*White Kappa Shorts and Socks are compulsory uniform Socks and Shorts can be purchased from the Club for \$35		

Shirt replacement. Players will be charged a replacement fee if their shirt is not returned to the club at the end of the season.

The shirt replacement fee is \$50.00.



2014 U10-11's Team



Key Dates & Social Functions

Event	Date
Registration/Family Day	Sunday 1 March 2015
Bunnings BBQ	Saturday 14 March 2015
Trivia Night	Friday 29 May 2015
Back 2 Front Draw	Friday 7 August 2015
Presentation Night	September 2015



2014 U14's Team



Registration Fees/Packages

Age Group	Registration Fee
U6-11 (Mini Roos)	\$150.00
U12	\$160.00
U14 & U16	\$170.00
U18	\$180.00
Senior Women's 19+	\$220.00
Senior/Reserves Men's 19+	\$230.00
Family Discount (Immediate family only)	\$40.00 discount on each registration after the second (ie. 3rd and above)
Coach Discount U6 to U11	\$100.00
U12 – Senior Men	\$150.00

Registration fees are requested to be paid on registration day, online, or to Club before the season commences. All players & parents will need to ensure that registration fees are paid prior to commencing playing.

The Club has a strict 'No Pay No Play' policy in force for Season 2015.

Other options for payment of registration fees

There will be occasions where players & parents will find it difficult to pay up front and the club has avenues in place:

- Registration fees can be paid by instalment through a direct debit system. Full payment required by 30/6/15.
- Help can be sought through our Social Inclusion Officer to source other funding options for registration fees; or
- Player sponsorship can be requested or provided by an existing member, supporter, business, etc where registration fees will be paid by a third party.



Merchandise Available



Item	Price
Scarf	\$30.00
Stubby Holders	\$10.00
Caps	\$15.00
Beanies	\$20.00
Singlets	\$37.00
Polo Tops	\$40.00
T-Shirt	\$40.00
Training Shirt	\$40.00
Training Jacket	\$55.00
Hoodie	\$55.00
Soft Shell Jacket	\$85.00

Merchandise can be paid by instalment through a direct debit system.
Full payment required by 30/6/15.



Fundraising Policy

Three Colours SC provides as much as it can to its players and supporters, and in return we ask that every player, family and supporters get involved with the club and help support its fundraising activities.

During 2015, Three Colours SC will once again hold its main fundraising night and we strongly encourage all members to get involved in the night and at least **buy or sell one Back 2 Front Draw ticket valued at \$100.00**. Tickets are limited to 100 and admit 2 persons.

Three Colours SC annual B2F Night is the club's main fundraiser for the year. It is a great night with plenty of great prizes and giveaways on the night.

Three Colours SC Monthly Meetings

Three Colours SC monthly meetings are usually held on the **second Wednesday of each month at the Irymple Bocce Club, Irymple at 7pm**. Everyone is welcome to attend.

Meetings can be subject to change, so check the website for updated information.





2014 U12's Team



2014 Senior Men's Team

www.threecolours.com.au



Codes of Conduct for Three Colours SC:

It is vital that everyone involved in sporting activities, whether they are athletes, coaches, parents, officials or supporters understand their responsibilities to ensure that all participants enjoy the sport.

PLAYERS' CODE OF BEHAVIOUR

- (a) Play by the Rules and within the spirit of the game;
- (b) Do not argue with the match official. If you disagree, have your captain or coach approach the match official during a break in play or after the match is concluded;
- (c) Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking another person is not acceptable or permitted in any sport;
- (d) Maintain your focus and work hard for yourself and your team;
- (e) Be a good sport and be prepared to acknowledge good play whether it is from your team or the opposition;
- (f) Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player;
- (g) Cooperate with your coach, team mates and opponents. Without them, there would be no competition;
- (h) Play for your own enjoyment, and not just to please parents and coaches;
- (i) Remove all jewellery prior to training and match play, as it is a hazard to you and those around you;
- (j) Do not accept or use any banned or unauthorised drug(s), including the consumption of alcohol at any time.



COACHES' CODE OF BEHAVIOUR

- (a) Remember that players participate for the fun of it and that winning is not everything;
- (b) Be reasonable in your demands on younger players time, energy and enthusiasm,
- (c) Teach your players to abide by the Rules and Laws of the Game;
- (d) Ensure that equipment and facilities meet a reasonable safety standard and are appropriate to the age and ability of the players;
- (e) Modify your approach to suit the skill levels and needs of players;
- (f) Develop and enhance respect between players, opposition coaches and the decisions of the match official;
- (g) Follow the advice of a physician when determining the extent of a player's injury and beyond that, when players are returning from injury to training and match play;
- (h) Keep up to date with the latest coaching practices (refer to Coach Accreditation Criteria);
- (i) Take time out to teach players (& others) the Laws of the Game, hence raising their awareness;
- (j) Remind all players to play within the spirit of the game at all times;
- (k) Ensure players are good sports and ensure each team member shakes the hand of their opponents at the conclusion of every match;
- (l) Do not smoke or consume alcohol from the team bench (Technical Area) or sideline;
- (m) Remember the actions of yourself and your team is reflective of the perception others take away with them.



PARENTS' CODE OF BEHAVIOUR

- (a) Remember that children play the sport for their enjoyment, and not yours;
- (b) Encourage children to play according to the rules and spirit of the game;
- (c) Encourage all children to participate, do not force them;
- (d) Focus on the child's efforts and performance rather than the result of the activity (that is, winning or losing);
- (e) Encourage children to always participate according to the rules;
- (f) Never ridicule, yell at a child for making a mistake or losing a game;
- (g) Remember that children learn best by example, so applaud good play by both teams;
- (h) Support all efforts to remove racial and religious vilification, verbal and physical abuse from sporting activities;
- (i) Respect the match official's decisions and teach your child to do likewise;
- (j) Show respect and appreciation to Club officials, including coaches, officials and administrators. Ensure any issues are raised through the correct channels;
- (k) 'Smart Supporting' – not loud and intense but calm, relaxed and at all times positive;
- (l) Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion;
- (m) Do not smoke or consume alcohol near the team bench (Technical Area) or sideline.



ADMINISTRATORS' CODE OF BEHAVIOUR

- (a) Help coaches and officials highlight appropriate behaviour and skill development, and assist in raising the standards of coaching and officiating;
- (b) Ensure everyone involved in football emphasises fair play, and not winning at all costs;
- (c) Be tolerant and calm under pressure and approach problem solving in a supportive manner as members and players will expect you to set an example for others;
- (d) Make every effort to educate persons who breach these guidelines from time to time.

SPECTATORS' CODE OF BEHAVIOUR

- (a) Applaud good play and performances from both teams, and be forward in congratulating all participants on their performance regardless of the final outcome;
- (b) Respect the match official's decisions on the day;
- (c) Condemn the use of violence in any form, be it by spectators, coaches, officials or players;
- (d) Show respect to for both teams when watching matches, because without them there would be no game;
- (e) Encourage players to follow rules and accept the decision of the match official;
- (f) Do not intimidate, harass or use foul language towards, players, match officials, Club Officials or spectators.



Three Colours SC Main Sponsors

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For further information visit our web site at
www.threecolours.com.au



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Three Colours SC Mildura

Useful Websites & Links

Football Federation Victoria
<http://www.footballfedvic.com.au>

My Football Club - FFA
<http://www.myfootballclub.com.au>

FFV Sunraysia
<http://www.ffvsunraysia.com.au>

Mallee Sports Assembly
<http://www.malleesportsassembly.org.au>

Sportslink – RSNV
<http://www.sportslink.org.au>

Mildura Rural City Council
<http://www.mildura.vic.gov.au>

Madec
<http://www.madec.edu.au>

Centre for Multicultural Youth
<http://www.cmy.net.au>